

County of Humboldt - Public Health
Reopening Approval Plan Questionnaire

1. Social and Physical Distancing

Put in place measures to maintain six feet of distance as much as possible. Cancel or postpone the number of gatherings and group activities and reduce all group sizes. Groups of children should be as small as possible while not exceeding the ratios in the chart below. Keep the same children and staff with each group. Keep kids from the same family in the same group to the extent possible. Hold class outside as weather permits. Open windows to air out the facility before and after kids arrive. Rearrange furniture and play spaces to allow for six feet of distance.

What physical distancing measures will you put in place for your staff, teachers and families? *

Starting with drop off and pick up, parents/guardians will remain in their cars and masked staff will sign in the children, do a temperature check and ask the parent/guardian if the child or anyone the child has been around has displayed symptoms of Covid-19. If child and caregiver will be arriving by bicycle or walk-up, we will have them line up alongside the bleachers/pathway leading into the facility. They will be asked to maintain distance from other arrivals and will be allowed in based on a first come first served basis. Children will also be required to wear a mask (except during mealtimes and when outside). If there are multiple drop-offs at the same time the children will wait in the caretakers vehicle until their turn to drop off. Upon entering the building everyone will be required to sanitize their hands. Programming throughout the day will be based on keeping social distance of at least 6ft. Camp will be based out of the 8,000 sq ft Prasch Hall which will be broken up into two sections where different groups of kids will be for the day. The adjacent park will be utilized as much as possible as weather permits. The provider to child ratio is explained in the next question.

2. Teacher to Child Ratio & Group Size Guidance

Child Care Centers

Follow group sizes in chart below or follow the most restrictive group sizes if required by federal, state or local authorities. Please note that when ages of children are mixed and include an infant under 18 months old, you must adhere to 1:6 ratio. If all children are infants, the 1:4 ratio must be followed with a group size no more than 10.

Age: 0-18 months (infant), Staff to Child Ratio: 1:4, Group Size: 10

Age: 18-36 months (toddler), Staff to Child Ratio 1:6, Group Size: 10

Age: 3 years - kindergarten entry (preschool) & Age: kindergarten entry + (school age), Staff to Child Ratio: 1:10, Group Size: 10

Age: 0 to school age (mixed age groups), Staff to Child Ratio: 1:6, Group Size: 10

Family Child Care Homes (FCCH)

Total capacity may not exceed 14, and group size may not exceed 10 children, or follow the most restrictive group size required by federal, state or local authorities. If there are more than 10 children in care, they should be divided into two small groups and an additional staff or assistant will be required to maintain group ratios. Keep the same children and staff with each group. Keep kids from the same family in the same group to the extent possible.

Infants only, Provider to Infant Ratio: 1:4 Infant, Group Size:4

No more than two infants when 6 children are present, Provider to Infant Ratio: 1:6(2 Infant +4 children), Group Size: 6

How will you maintain provider/child ratios in your Child Care Center or Family Child Care Home? *

We will only serve school aged children (5-12 years old). We have one site to use, Prasch Hall. This site will have two groups with a provider to child ratio of 1:6 (with a max of 2 staff and 12 children per group). Prasch Hall is well over 8,000 sq. ft and utilizing walls we can separate the groups while providing adequate space to maintain social distancing. The groups will remain the same throughout the duration of us offering care during the pandemic with the same staff. Siblings and those living in the same household will be in the same group.

3. Exclude any child, parent, caregiver or staff showing symptoms of COVID-19

Put in place COVID-19 screening procedures for all staff, family members residing in a FCCH and children. Ask all individuals about symptoms that they or someone in their homes may have. Symptoms primarily include fever, cough, difficulty breathing or other signs of illness within the last 24 hours. Ask all individuals if they've come into contact with anyone with a suspected or confirmed COVID-19 case. Consider documenting and tracking all known possible exposures to COVID-19.

What screening and hygiene procedures will you put in place for staff, children and caregivers? *

All parents/guardians will answer and sign a waiver at the time of registration, and will be asked again each morning at drop off if their child(ren) or any one in the household is showing symptoms of COVID-19, such as fever, cough, difficulty breathing or other signs of illness within the last 24 hours and/or if the child(ren) has taken fever reducing medicine within the last 24 hours. In addition, the waiver will ask if they have come into contact with anyone who has been suspected or confirmed to have COVID-19. All staff will take their temperature before coming to work and record it in the designated log upon arriving to work. Temperatures of each child will be taken at drop off and pick up with a no-touch thermometer. Anyone with a fever of 100.4 or higher will not be allowed to attend. Anyone sick will be advised to stay home, and if anyone becomes sick during the day they will be isolated and will need to be picked up asap. Handwashing guideline signs will be posted in all facilities and increased handwashing will be scheduled into the day, as well as cleaning and disinfecting high traffic areas (i.e. restrooms).

Child Care Facilities Should:

- o Child care facilities should conduct daily self-screening for all staff, residing family members in a FCCH and children, including taking temperatures before arriving to work.
- o Train staff and notify caregivers of new screening procedures, and ask caregivers to screen themselves and children daily prior to coming to the facility. Caregiver must notify child care provider if children have taken any fever reducing medicine in the prior 24 hours.
- o Exclude anyone with a temperature of 100.4F or higher.
- o Take children's temperature each day with a no touch thermometer only. If using a touch-method thermometer (i.e. under the tongue or arm, forehead, etc.), only take a child's temperature if fever is suspected. Clean and disinfect thermometers, regardless of the type of used.
- o Monitor staff and children for signs of illness. If a child exhibits signs of illness, follow isolation procedures and notify the caregiver immediately to pick up the child.
- o Enforce strict handwashing guidelines for all staff and children, and post signs with these guidelines near sinks and in restrooms.

4. How to Talk to Young Children About Physical Distancing

Model and reinforce physical distancing. Use carpet squares, mats or other visuals for spacing. Model physical distancing when interacting with children, families and staff. Give frequent verbal reminders to children. Create stories around physical distancing, handwashing, proper cough and sneeze etiquette, etc. Send home tip sheets to help parents and caregivers learn about physical distancing.

How will you communicate about physical distancing with children and caregivers? *

Parents/guardians will be given a handout with all of the changes due to the program due to COVID-19, such as maintaining social distancing, increased hand washing, temperature checks, wearing approved facial coverings, no toys allowed from home, food cannot be shared, etc. Staff will increase reminders about good hygiene, proper sneezing/coughing techniques, handwashing for at least 20 seconds, and the importance of maintaining social distancing throughout the day as needed. Staff will model social distancing for children at all times and physically demonstrate what 6 feet looks like during the morning and afternoon program rules review. Every child will have a designated cubby space that they will use for the entirety of camp.

5. Practice Healthy Hygiene

Teach, model and reinforce healthy habits and social skills. Explain why it's not healthy to share drinks and food, especially when sick. Practice frequent handwashing by teaching a popular song or counting to 20. Teach children to use tissues to wipe their noses and cough into their elbows. Model and practice handwashing before and after eating, after coughing and sneezing, after playing outside and after using the restroom.

How will you communicate about healthy hygiene with children and caregivers? *

Parents/guardians will be given a handout with all of the changes to the program due to COVID-19, such as maintaining social distancing, increased hand washing, temperature checks, wearing approved facial coverings, no toys allowed from home, food cannot be shared, etc. Staff will increase reminders about good hygiene, proper sneezing/coughing techniques, handwashing for at least 20 seconds, and the importance of maintaining social distancing throughout the day as needed. Posters/signs with handwashing guidelines will be posted near all sinks and in restrooms.

6. During Drop-off and Pick-up

Conduct wellness checks of all children when arriving at the facility. Meet at the entryway for pick-up and drop off whenever possible. Inform caregivers that visits should be as brief as possible. Have caregivers enter one at a time and wash their hands and their children's hands before drop off, prior to pick up and when they get home. Have parents use their own pens for signing in and out. Install hand sanitizers near all entry doors and high traffic areas but out of the reach of children.

How will you modify drop-off and pick-up procedures and communicate that to caregivers? *

During drop-off and pick up parents/guardians will remain in their cars and masked staff will sign in the children, do a temperature check, and ask the "waiver" questions. If there are multiple drop-offs at the same time the children will wait in the caretakers vehicle until their turn to drop off. If child and caregiver will be arriving by bicycle or walk-up, we will have them line up alongside the bleachers/pathway leading into the facility. They will be asked to maintain distance from other arrivals and will be allowed in based on a first come first served basis. Staff and children will sanitize their hands upon entering the building. These procedures will be communicated to parents at the time of registration via written handouts and through signs posted at drop-off/pick up locations..

7. Examine Your Environment

Put in place measures to frequently clean all touched surfaces. Use toys that are easy to clean and sanitize throughout the day. Limit sharing. Plan more individual play and solo activities and activities that don't require close physical contact between children. Stagger indoor and outdoor play by adjusting schedules to reduce the number of children in the same area. Designate a tub for toys to be put in after each use so they can be cleaned and wiped.

What measures will you put in place to limit close interaction between children and make sure surfaces and toys are cleaned? *

Each day will be scheduled with activities the children can do from their own table with their own supplies and games they can play while maintaining social distancing. Outdoor time activities will be only those that can be done while maintaining social distancing. No toys, games or supplies that are not easily sanitized will be allowed to be used in the program. Each child will be given an arts and craft supply bag with their name that only they will be allowed to use. There will be a tub to collect items that need to be sanitized before they can be used again.

8. Mealtimes

Use additional tables so children can be spread out and assign seats to ensure adequate spacing between children. Children and staff should practice proper handwashing before and after eating. Use paper good and disposable utensils when possible and follow CDC and CDPH COVID-19 food handling guidelines. Avoid cafeteria-style meals and have staff handle utensils and keep food covered to avoid contamination. Immediately clean and disinfect trays and tables after each meal.

What will you do to ensure safe mealtimes and avoid contamination? *

Outdoor tables will be sanitized prior to and after eating takes place. They will be marked with tape at 6

ft intervals and children will only be allowed to eat what they bring from home. Each child will wash their hands before and after each meal. No food/cooking projects will be allowed on site. Table spaces will be cleaned and sanitized after each use.

9. Toothbrushing

Discontinue toothbrushing during class and at child care facilities. Encourage parents and caregivers to regularly brush children's teeth at home.

What will you do to encourage toothbrushing at home? *

We do not allow toothbrushing at our facilities/in our programs. Information will be provided to parents/caregivers at the time of registration communicating the importance of toothbrushing at home and that toothbrushing at the program site will not be allowed.

10. Bathroom

Reinforce healthy habits and monitor proper handwashing. Sanitize sink and toilet handles before and after each use. Teach children to use a tissue when using the handle to flush the toilet. Ensure children are washing hands for 20 seconds and use paper towels or single use cloth towels to dry hands thoroughly.

What will you do to ensure children understand and follow healthy habits in the bathroom? *

Staff will monitor hand washing to ensure children are washing for at least 20 seconds with soap and water. We only use paper towels for hand drying. Staff will teach children to use a tissue/paper towel when using the handle to flush the toilet. Sinks and toilet handles will be sanitized after each use.

11. Personal Items

Personal items should be labeled and kept in a separate bag to ensure they are separate from others. Personal toys should be kept at home until further notice.

What will you do to ensure personal items are kept in a bag and separate from others? *

Each child will be assigned their own cubby for their lunch, jacket, water bottle and extra mask. No toys will be allowed from home.

12. Napping

Cots should be spaced at least six feet apart from each other and arranged alternately, head to foot in opposite directions, to lessen the possible spread of illness between children from coughing or sneezing.

What will you do to ensure children have the appropriate physical distance between each other during nap time? *

We do not have a naptime in our program.